

23rd Annual Alpine Helen Volkswanderung 5-10k WALK

EVENT DATE: 26 April 2025
Helen, GA 30545



PRESENTED BY: Alpine Helen Volksmarch Club (AHVC), a non-profit 501c3 organization, aimed primarily at supporting walking and hiking activities in support of building a healthy community.

This annual “Bavarian Biergarten Style” marquee hiking-walking and Fest event in beautiful Helen, Georgia, is held in Alpine Helen on the fourth Saturday of April every year.

Many thanks to our “Official Partners”:

Helen Rotary Club
Bodensee German Restaurant
Helen Visitors’ Center.
Loreley Condominiums and Resort
Alpine Helen Resort Adventures
Helen Chamber of Commerce (Pending)
Valhalla Resort & Golf (Pending)
Big Daddy’s Restaurant (Pending)
Uhuburg (Castle Pending)

Much appreciation also to our many Helen area “Promotional Sponsors” for helping to fund the Volkswanderung Walk and Prize Drawings:

Hofbrauhaus Restaurant and Pub, The Bodensee Restaurant, Spice 55, Helen Rotary Club, Helen Welcome Center, Alpine Shirt Company, Hansel and Gretel Candy, Betty’s Country Store, The Heidelberg, Chattahoochee Dog Haus, Bigg Daddy’s Restaurant, LaCabana Mexican Restaurant, Cool River Tubing and Adventures, Christoffs, Alpine Pizza and Brew Deck, Unicoi Lodge, Pirates Cove, Café International

START LOCATION:

Bodensee German Restaurant
Biergarten - Registration
64 Munich Straße
Helen, Georgia 30545

**Dogs: Friendly dogs on a leash are allowed on the walk with registered walkers. Please pick up your pet’s waste along the way.*

START TIME:

If you did not pre-register on our WEB page, you can register on site and start walking 5k or 10k anytime between 8:00– 11:00 a.m., Saturday morning, April 26, 2024

FINISH TIME:

12:00-1:00 p.m. Bodensee Biergarten (start and finish point). AVA WALK Books Stamped

DISTANCES:

The 10k (6.2 miles) HIKING TRAIL distance from Helen to Unicoi Lodge via Unicoi Trail, has a rating of 3C (inclines on established hillside trail). **The 5k** walking trail (trail rating 1A is mostly flat sidewalks).

The 10k has directional signs on the trail and along Helen’s main street up to the City Park

where the Unicoi trail begins. See the beautiful trout streams and spectacular views along the foothills in Unicoi State Park. *Water and restrooms are available at the Unicoi Lodge checkpoint* before returning on the marked walking trails back to BODENSEE BIERGARTEN IN HELEN.

An alternate 5k walk is on sidewalks and paved walkways from Helen to Hardman Farm and return. The path is flat and suitable for strollers. Restroom facilities and water are available at the Hardman Visitor Center (5k mid-point turnaround).

ON SITE REGISTRATION FEES – Day of WALK (cash or check only!)

Walk fee for IVV/AVA CREDIT ONLY: \$5.00 AVA Registration fee. -Children under 12 walk free but must be accompanied by an adult.

Total Cost for BAVARIAN FEST PACKAGE is only \$25.00 which includes: Registration Fee plus Alpine Village Volkswanderung 2025 COMMEMORATIVE PIN, a FREE ticket for gift drawing at 2:00 pm, and Bodensee Biergarten tickets for German bier & food, and a SWAG BAG full of other free goodies from local sponsors.

REGISTRATION:

Registration information is available for the walkers at the AHVC Website: www.alpnehelenvolksmarch.org. Additional registration and Walk Cards will be on site at Bodensee Biergarten on the day of the event. Look for the AVA banner, AHVC WALK Registration, and the Helen Rotary signs for the HUGE gift drawings at 2:00 pm at the Biergarten. **Must show a matching ticket to win.**

STIPULATIONS:

The walk event is open to everyone. Should the event be canceled due to severe weather, it will be rescheduled for April 28, 2024, same time and place.

DISCLAIMER:

The presenters and sponsors are not liable for accidents, thefts, and/or material damage. Every effort will be made to make this a safe, enjoyable, and memorable event. Neither the AVA nor its subsidiary clubs are responsible for theft or loss of personal belongings or property.

All participants must sign and date the AVA Official Event Start Card (Waiver) registration form prior to participation in the walk event.

MISCELLANEOUS:

Water will be free at the start/finish and checkpoint(s). Refreshments, beer (21 or over), and Bavarian food and music will be available at the finish for registered walkers from 12:00-2:00pm at the famous Bodensee Restaurant. *Please wear your lederhosen or Dirndls to help celebrate this great event!*

Door Prizes & Raffle:

ALL Walkers finishing the ALPINE GERMAN-STYLE walk will be provided an opportunity to receive one (1) free ticket for prizes at a drawing in the finish area following the walk. Additional prize tickets can be purchased from AHVC volunteers for \$1.00 each or 6 tickets for \$5.00. *Drawings will be at approximately 2:00 pm, and you must have your ticket to win. At this time, we have over \$3,000.00 worth of donated items for the drawing. Net proceeds from the prize drawings go to Helen Rotary Club for local*

charities. This year - "Circle of Hope Domestic Center", White County, GA.

DIRECTIONS:

Just northeast of Atlanta, off Interstate 285 up 400 to US HWY 19 and then 115 to Cleveland then Helen Hwy to Helen. GA. Alpine Helen provides visitors a unique place to relax and enjoy the Bavarian village, mountains, trout streams, waterfalls, and more than 200 specialty and import shops and restaurants. Lodging is supported by over 1,100 quality rooms located in Helen, GA, 30545.

Helen, GA has now earned the position as one of the top tourist attractions, not only Georgia, but in the southeastern USA. For a list of all the fabulous shops, entertainment venues, water, and mountain venues, etc., please contact Helen Visitors Center:

Alpine Helen Visitors Center

726 Bruckenstrasse
Helen, GA 30545
WEB Site: <https://helenga.org>
PH (800)858.8027

Helen Chamber Information:

1074 Edelweiss Strasse
Helen, GA 30545
WEB Site:
<https://helenchamber.com/>

Alpine Helen Volksmarch Club (AHVC) is a 501(c)3 charity and a local AVA walking club affiliated with the AVA and is dedicated to promoting family wellness by sponsoring healthy walking & hiking events for the community.
<https://www.alpinehelenvolksmarch.com>

Helen Rotary Club is a nonprofit service organization affiliated with Rotary International USA. Website:
<https://helenrotary.com>

This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV) <https://www.AVA.ORG>

WALK INFORMATION: Contact Rod Powell, President, AHVC for information:
Roderick.2002@yahoo.com or 850-637-1876



ALPINE HELEN VOLKSWANDERUNG

23rd ANNUAL 5K WALK or 10K
HIKE EVENT

Helen, GA

April 26, 2025

(AVA SANCTION #:128760-2025 SE)

